



## **Front Range Camping July 11-17, 2010**

American Baptist Churches  
of the Rocky Mountains  
Camping at Quaker Ridge Camp

### **Information for Parents**

#### **CAMP OPENING/CLOSING**

Registration will be from 3:00 p.m. to 5:00 p.m. on Sunday, July 11. Camp ends on Saturday, July 17. Campers can be picked up beginning at 10:00 a.m. on Saturday. **All campers must be picked up by 12 noon.**

#### **MAILING ADDRESS**

Your child's name, c/o Quaker Ridge Camp, 30750 N. Hwy 67, Woodland Park, CO 80863

#### **TELEPHONE**

For emergencies, contact Sylvia Hale at (719) 360-5454 or Bill Hale at (719) 271-0486

#### **SUPERVISION AND PARTICIPATION**

Campers are under the supervision of a cabin leader and the camp program director(s). Campers are expected to abide by the rules of Quaker Ridge Camp and the American Baptist Churches of the Rocky Mountains (ABCRM) at all times and are expected to participate in all camp activities unless specifically excused by a doctor or the parent in writing. The ultimate result of non-participation and/or consistent problem behavior may be the expulsion of the camper from camp and return to home.

#### **INSURANCE**

There is a place on the Health and Examination Form to indicate the name of your insurance carrier and the identification number(s) for camp personnel to use if it is necessary to take your child for emergency medical care. Please fill that information out completely.

#### **MONEY NEEDED**

In addition to the camp fee, money may also be brought for the Snack Shack and the purchase of souvenirs.

#### **WHAT TO BRING**

- Sleeping bag, pillow and/or blankets and sheets for assigned bed. Quaker Ridge does not supply any bedding! Elementary and Middle School campers have twin beds; Sr. High campers have queen size beds.
- Towel, soap, shampoo, toothpaste, toothbrush, bag for dirty clothes, plastic bag for wet clothes, etc.
- Water bottle, flashlight, extra batteries
- Sunscreen and sunglasses
- Bible, notebook, pens/pencils
- Appropriate swimsuit (1 piece only for girls) and towel
- Long pants and closed toe shoes for riding horses – no sandals, flip-flops, or slippers

**(over)**

- Sweatshirt, fleece hoodie and long pants for campfire time at night
- A cap, extra towel and extra pair of shoes are recommended
- At least 6 changes of clothing
- Rain poncho
- Money for Snack Shack – soft drinks, t-shirts, candy, ice-cream, popcorn, etc.
- Prescription and over-the-counter medications. All medications must be in their original packaging with instructions. All medications will be turned over to the camp nurse.

### **WHAT NOT TO BRING**

- No electronic entertainment devices
  - iPods
  - Gameboys
  - Radios
  - CD Players
  - MP3 Players
  - Stereo
  - DVD Players

### **CAMP RULES**

- No pets
- No tobacco
- No alcohol or drugs
- No fireworks
- No matches
- No weapons (guns, knives, etc.)
- No profanity
- No fighting
- No open-toed sandals (flip-flops for the shower and going to the pool are okay)
- No P.D.A. (public displays of affection)
- No littering, vandalism, or graffiti
- No 4-wheelers, dirt bikes, or off road motor vehicles
- Leave the wildlife alone
- 15 mph speed limit in camp
- Do not climb on roofs, trees, or buildings
- Cell Phone with limited use is allowed (at camp directors/counselors discretion)
- Guys in guys cabin only, girls in girls cabin only